

BODIES OF THE NORTH:

An Online Seminar for Nordic Physical Theatre

Tuesday 8th December 2026

18:00–20:00 EET | 17:00–19:00 CET | 16:00–18:00 UTC | + 30 min after party

Free event. **Register to receive the link:**

https://us06web.zoom.us/meeting/register/n5KqDZtqQI6DZUZF8NFRLA

We warmly invite you to an inspiring evening of dialogue and connection across the Nordic physical theatre field.

How do we build a strong and sustainable future for physical theatre in the Nordic region? How do we develop the art form on its own terms? How do we secure resources, or create and produce work across borders? What is the future we dream of?

The seminar explores these questions through four distinct lenses: curatorial, pedagogical, and two independent artistic-producing perspectives.

Aimed at physical theatre makers, mimes, and performing arts students, professionals, and organizations across the Nordic region, this is an opportunity to connect, share experiences, and learn from one another. The seminar will be held in English.

MODERATOR:	**Maria Selander** (she/her)	– Mimplattformen, SE
SPEAKERS:	**Hilda Rydman** (she/her)	– GBG Mime Fest, SE
	Tove Sahlin (she/her)	– Stockholm University of the Arts, SE
	Oda Kirkebø Nyfløtt (she/her)	– the Krumple, NO/Int
	Kauri Honkakoski (they/them)	– Kauri Honkakoski Company, FI/Int

PROGRAMME:

EET (Helsinki)	CET (Stockholm, Oslo, Copenhagen)	UTC (Reykjavik, Tórshavn)
18:00 Introduction and welcome	17:00 Introduction and welcome	16:00 Introduction and welcome
18:10 Speaker presentations (10min talk & 10min Q&A each)	17:10 Speaker presentations (10min talk & 10min Q&A each)	16:10 Speaker presentations (10min talk & 10min Q&A each)
19:20 Short break	18:20 Short break	17:20 Short break
19:30 Joint discussion & open Q&A	18:30 Joint discussion & open Q&A	17:30 Joint discussion & open Q&A
20:00 After party: Stay and mingle!	19:00 After party: Stay and mingle!	18:00 After party: Stay and mingle!

PARTICIPATING ORGANIZATIONS:

GBG Mime Fest is an international festival celebrating the diversity of contemporary mime and physical theatre. Based in Gothenburg, Sweden, it aims to push the boundaries of what mime is in the 21st century.

The bachelor's programme in Mime and Physical Theatre, at Stockholm University of the Arts, is the only Nordic degree programme in its field. Taught in English with an international student intake, the curriculum centres on the actor's body as the primary tool for artistic expression.

The Krumple is an international collective based in Oslo and Strasbourg. Founded by alumni of École Jacques Lecoq, their work blends masterful magical illusion with the precision and athleticism of physical theatre. The Krumple creates visually arresting theatre without borders, mostly developing its shows as international co-productions.

Kauri Honkakoski Company is a physical theatre company from Helsinki, built around a permanent international ensemble. Rooted in Corporeal Mime, their work interweaves rich physical expression, immersive soundscapes, and striking visual design. The company creates and tours internationally.

Mimplattformen is a platform for mime-based performing arts in Sweden. It serves as a network and a hub that gathers and elevates the Swedish mime community by offering daily training, masterclasses, and artistic resources.

The seminar is part of the High Tide project (2026–2027), a Nordic initiative led by Kauri Honkakoski Company to develop artistic practices and opportunities for physical theatre in the region. The organizers envision the seminar as the first step toward building a collaborative peer-to-peer network across Norden.

ORGANIZED BY: Kauri Honkakoski Company & Mimplattformen

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Photo: HIGH TIDE, Kauri Honkakoski Company. Photographer: Cosmin Cirstea